SIGNIFICANCE OF YOUTH AND SPORTS IN UKRAINE BACKUP FOR THE EDUCATION OF THE YOUNGER GENERATION
Tikhonova N.V.
Kharkov State Academy of Physical Culture

Annotation. Purpose: determine the social significance and especially the development of youth and sports reserve in Ukraine. Material: a questionnaire survey of 50 experts in the sphere of physical culture and sports. Results: notes that children and youth and sports reserve three tasks: training of sports reserve, rehabilitation of children and youth, education of children and youth. Structure of youth and sports reserve in Ukraine in 1455 has youth sports schools, 184 specialized youth sports school of Olympic reserve, sports club 4522, 891 children and youth sports and sports club in the community population, 17 schools of Physical Culture and Olympic reserve, 35 high school sports. Conclusions: Children and Youth and reserve a sport that requires a thorough reform. Determined that develop youth sport must youth sports school.

Keywords: children, youth, sports, backup, club, health.

Introduction
Today, the government paid much attention to physical culture and sport development that is reflected in the Ukraine Laws, Decrees of President, Cabinet of Ministers, Ministry of Youth and Sports of Ukraine and Ministry of Education and Science of Ukraine and others. Youth sport is an important part of the physical culture and sport. Its functions are to ensure the children involvement to practice a particular sport to make the particular sport specialization and to ensure its transmission to reserve sport. In turn, the reserve sport is to select talented children and youth to practice a particular sport and create the conditions for the their individual development, provide conditions for the transition to the top sport achievements and replenishment of national teams [1].

Ukrainian researchers studied sanitary and educational components of youth sport, including promotion of healthy lifestyle and organization of educational process in youth sports and sport organizing. Svyrydenko O.O. determined the educational mission of teenagers’ healthy lifestyle in youth sport schools. Roters T.T. and Mazin V.M. note that assignments that are to children and youth sport schools state involves three interrelated aspects: sport, athletic and education. In scientific papers by Bondar T.S. studied the system of school sport club in details. [1, 2, 3, 6, 7, 8, and others]. However, relevant to youth and reserve sport as an integrated system has not covered by modern authors yet.

Research carried out up to the Thematic plan of research Kharkiv State Physical Culture Academy in 2013-2015 years on "Improving training athletes in sports, technical and applied sports".

Purpose, tasks of the work, material and methods
The aim of the research is to determine the social significance and fitness of youth and reserve sport in Ukraine.

The research purposes are:
1. To study the quantitative development of youth and reserve sport in Ukraine.
2. To identify the expert opinion on physical culture and sport.

Methods and setup of studies. The study used a set of scientific methods, including literature and documents, methods of systems analysis, methods of mathematical data processing and method of the survey (questionnaire). The paper presents an analysis of the main legal acts that regulate the sport activity, some statistics reports by the Ministry of Youth and Sports, by the Department of Physical Culture and Sport Department of Education and Science, the results of a survey of 50 sport experts in Kharkiv.

Results of the research
A Kharkov sport experts determine the social significance of youth and reserve sport in Ukraine. In the survey of 50 respondents take part sport specialists, including 35 men aged 27 to 73 years and 15 women aged 26 to 80 years.

Most of the experts for about 98% (49 people) feel the need to develop youth and reserve sports in Ukraine. Junior and reserve sport helps to solve a number of problems, including reserve sport preparation, children and youth rehabilitation, youth education. During the survey, respondents were asked to choose one point about the function of youth and reserve sport. According to experts, Youth and Reserve Sport perform all of three tasks. However, reserve sport preparation was nominated for the first place by the experts (46%), the second place were children and youth rehabilitation (30%), the third place was children and youth education (24%) (Fig. 1).

The youth and reserve sport development provides by physical culture and sport agents in particular youth sport schools, sport clubs, special education sport profile, high sport schools, state sport teams in sport reserve areas of central executive bodies, that implement the national education policy, physical education and sport, national sport and sport associations, sport federations and other sport subjects. All the mentioned above sport organizations facilitate for full children and young people recover, provide meaningful leisure and recreation for children and youth, and also create healthy lifestyles, harmonise physical development of young athletes [4]. The number of pupils in youth sport schools in 2013 is 607338, that is about 13% of the total number among the pupils from to 18 years old. Compared with
2012, the number of pupils sport schools increased by 5405 persons [5]. The majority of respondents about 98% (49 people) say that youth and reserve level sport will improve the health of our population.

Fig. 1. Youth and reserve sport purposes:
A- Reserve preparation; B - Rehabilitation; C - Education

The survey found out that the majority of experts, that is 66% (33 people) believe that in our country established mechanism of Youth and Sports of the reserve, but it needs some reforms, 32% of specialists (16 people) think that such mechanism does not exist, and only 1 person (2%) believes that there is a good mechanism that requires no changes and additions in our country.

System of Ukrainian Youth and reserve Sport includes a number of sport organizations [5], that are given in the Table. 1.

<table>
<thead>
<tr>
<th>№</th>
<th>The name of organization</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Junior sport schools</td>
<td>1455</td>
</tr>
<tr>
<td>2.</td>
<td>Specialized youth Olympic reserve sport schools</td>
<td>184</td>
</tr>
<tr>
<td>3.</td>
<td>Sport clubs</td>
<td>4522</td>
</tr>
<tr>
<td>3.1</td>
<td>Sport oriented clubs</td>
<td>1069</td>
</tr>
<tr>
<td>3.2</td>
<td>Sport and recreation orientated clubs</td>
<td>1639</td>
</tr>
<tr>
<td>3.3</td>
<td>Sports and recreation sport oriented clubs</td>
<td>1814</td>
</tr>
<tr>
<td>4.</td>
<td>Youth sport domiciliary clubs</td>
<td>891</td>
</tr>
<tr>
<td>5.</td>
<td>Physical Education and Olympic reserve schools</td>
<td>17</td>
</tr>
<tr>
<td>7.</td>
<td>High sport schools</td>
<td>35</td>
</tr>
</tbody>
</table>

It was several points for the question «What kinds of organizations need to develop youth and reserve sports in Ukraine». Thus, according to about 86% (43 persons) experts, Youth and reserve Sport must develop youth sport schools firstly. The same is youth sport development that provide physical education schools, so consider 42% (21 people) of respondents, as for the Sport federation it’s about 38% (19 people) and residencial Sport Clubs is about 36% (18 people).

According to 30% of experts (15 people) are private sport clubs should be developed next. The last place took sport societies with the rate of 26% (13 people) respondents. 30% of respondents (15 people) believe that working together of all the above mentioned sport institutions and organizations is going to have a positive impact for youth and reserve sport development. Percentage for the total number of accommodated scores as follows (Fig. 2).
Conclusions.
1. The study of literature and documents, statistical reports for 2013 showed that the youth sport current structure and reserve sport of Ukraine consist of about 1455 youth sport schools, 184 special youth Olympic reserve sport school, 4522 sport clubs, including 1069 sport orientation clubs, 1639 fitness club and 1814 fitness clubs and sport orientation ones, as well as 891 residence youth sport clubs and 17 Physical Education schools and Olympic reserve ones, 35 higher sportsmanship schools.

2. The survey of physical culture experts was held to determine the social significance and characteristics of youth and reserve sports in Ukraine. It was determined that 98% of professionals feel the need to develop youth and reserve sports in Ukraine, recognize that the priority functions of youth sports and sport reserve preparation (46%), youth rehabilitation (30%) and youth education (24%). 98% (49 people) say that youth and reserve sport is going to fit the population of our country. It was found that the majority of experts, which is about 66% or 33 people believe that in our country established Youth and reserve Sports mechanism, but it needs some reforms. 86% of specialists determine that to develop children and youth sport in Ukraine must first children- youth sport schools. For more detailed study of the issue one needs to improve the mechanism for involving children and youths in the Youth and reserve sport system in Ukraine.

References:


Information about the author:

Tikhonova N.V.: ORCID: 0000-0002-6884-3583; tisen-ka@yandex.ru; Kharkov State Academy of Physical Culture, Klochkovskaya str. 99, Kharkov, 61022, Ukraine.

Cite this article as: Tikhonova N.V. Significance of youth and sports in Ukraine backup for the education of the younger generation. Pedagogics, psychology, medical-biological problems of physical training and sports, 2014, vol.9, pp. 68-64. doi:10.5281/zenodo.10130

The electronic version of this article is the complete one and can be found online at: http://www.sportpedagogy.org.ua/html/archive-e.html

This is an Open Access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited (http://creativecommons.org/licenses/by/3.0/deed.en).

Received: 25.03.2014
Published: 05.04.2014